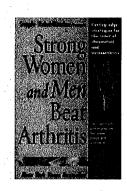
# **Strong Women and Men Beat Arthritis**

Supple Rehabilitation<sup>™</sup> presents a simple plan developed by top researchers that has been proven to reduce the pain and immobility caused by arthritis. With your order of Supple<sup>®</sup>, you will receive the New York Times Bestseller, Strong Women and Men Beat Arthritis. This book will give you cutting edge strategies to increase strength and physical function, improve mood and self-confidence, reduce inflammation--- and shed extra pounds!



Your Price: Free! Just pay \$4.95 for S/P.

### **Related Links**



- Frequently Asked Questions
- Real Stories
- Contact Us

# Research Evidence The Truth Behind Supple<sup>®</sup> Products

If you are concerned about joint health and have done research on the internet, then you are probably feeling very confused. There are hundreds of products that promise all kinds of relief for all kinds of joint conditions. A number of companies even take advantage of consumers by developing fake product review sites that give the appearance of being independent, but in the end, promote their own product as the preferred solution. It is therefore more important now than ever to do your own research and make your own educated choices for your joint health.

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### The Facts

### The Most Research Evidence

Pharmaceutical strength 1500mg glucosamine and 1200mg bovine chondroitin are the most extensively studied and proven effective joint health supplements available today. In fact these agents are so widely accepted throughout Europe, that they are often sold as prescription drugs for the management of joint health. No other joint health supplement has been shown to surpass glucosamine and chondroitin in effectiveness. Click <a href="here">here</a> for all the research evidence.

• Supple<sup>®</sup> delivers the full pharmaceutical strength 1500mg glucosamine and 1200mg bovine chondroitin in each daily serving. Learn more about glucosamine

### Research Evidence

- Pharmaceutical Strength Glucosamine and Chondroitin are Effective in Symptom and Structure Modification
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## **Symptomatic and Structural Modification**

Only pharmaceutical strength glucosamine and chondroitin have been clinically proven to provide symptomatic relief AND structural modification. This means you can feel better, have greater mobility and feel assured that your joints are protected over time.

"The longterm combined structure-modifying and symptom-modifying effects of glucosamine sulphate suggest that is could be a ...modifying agent" in the management of joint health.

Lancet 2001:357:251-56

"This study provides evidence that oral CS (chondroitin sulfate) decreased (discomfort) and improved knee function. The inhibitory effect of CS on the radiological progression of the medial femora-tibilal joint space narrowing could suggest further evidence of its structure-modifying properties...."

Osteoarthritis and Cartilage 2004:12; 269-276

• If Supple ® does not meet your every expectation, you can get a full refund of your purchase price (less S/H).

# The Source of Chondroitin is Important

Only Bioberica's bovine CS b<sup>TM</sup> Chondroitin has been clinically studied and found to be effective. Let's face it, ingredients can be expensive, so many brands will try to cut corners by selling you pig, shark, bird, or a mixture of chondroitin from a variety of sources. Of all the commercially available chondroitin products in the U.S, only Bioberica's bovine chondroitin was deemed appropriate for use by the NIH for their study on glucosamine and chondroitin (GAIT trial).

"The primary shortcoming for the purposes of GAIT was (that) none of the manufacturing facilities produced their products in compliance with the cGMP regulations for pharmaceuticals. Other shortcomings related to the source of sodium chondroitin, purity of the product, content variability.... (Only) supplier 2 (Bioiberica, S.A., Barcelona, Spain) was selected as the source of chondroitin for GAIT."

JAPHA 2006:46;14-24

• Supple<sup>®</sup> uses only Bioberica's CS b<sup>TM</sup> chondroitin

### All Glucosamine and Chondroitin is NOT the Same

There is a significant problem with contamination, mislabeling, and adulteration of ingredients in the U.S. marketplace. The vast majority of glucosamine and chondroitin in the U.S. is imported from China, where manufacturers do not have adhere to Good Manufacturing Practices (GMP's). The end result is often low quality, mislabeled, or even fake ingredients that you could be paying hundreds of dollars for. In 2006, the

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National Institutes of Health made the following observation:

"In the United States, glucosamine and chondroitin ... are considered dietary supplements and are not held to the stringent standards of pharmaceutical manufacture. If these agents are to be widely used... serious consideration must be given to their current regulatory status in order to ensure potency and purity."

NEJM 2006: 354;8;807.

An independent University of Maryland study found that among 32 commercially available glucosamine and chondroitin products:

"...the glucosamine and chondroitin content ranged from as low as 0% to 115% of the labeled claim (and)... 84% of brands that were tested are inferior products."

J Am Nutraceutical Assoc. 2000;3:37-44.

 Supple<sup>®</sup> uses only American-made pharmaceutical strength glucosamine and chondroitin produced under the strictest Good Manufacturing Practices. We guarantee 100% of label claims. <u>Learn more about</u> glucosamine

# If You Have Shellfish Allergy, Only Vegetarian Glucosamine is Safe

Roughly 6.0 million Americans have seafood allergies which may potentially be life-threatening and should be taken very seriously. However, 90% of glucosamine sold in the United States is derived from shellfish in China. According to industry reports:

"if customers walked through some of their (Chinese) facilities and saw the conditions under which glucosamine is made, it would turn their stomachs." Furthermore, "Chinese product is generally backed by an unsigned certificate of analysis on a trading firm's letterhead, making the results hard to confirm or query." McCoy, M. Chemical and Engineering News. April 3, 2000, vol 78, number 14, 20-21.

• Supple<sup>®</sup> uses glucosamine manufactured by Cargill Acidulants, the only producer in the U.S of 100% vegetarian derived glucosamine following strict GMPs. <u>Learn more about glucosamine</u>

# 30 Day Guarantee



Our highest priority is your satisfaction. If Supple® does not completely meet your expectations, simply call customer service and return your unused cans within 30 days of receipt for a full refund of your purchase price (less S/H). We believe in Supple®, and soon you will too!

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# Supple<sup>®</sup> Ingredients

Containing 1500mg of glucosamine and 1200mg of chondroitin, Supple<sup>®</sup> is the best glucosamine and chondroitin supplement for joints. See what other ingredients make <u>Supple Drinks</u> so great.

### Glucosamine

• 1500 mg shellfish—free American—made <u>glucosamine</u>, a natural amino sugar that penetrates to the joint to repair cartilage and soothe aching joints.

#### Chondroitin sulfate

• 1200 mg Bioberica CSb chondroitin, a natural complex carbohydrate that helps cartilage retain water, giving the joint a smooth cushion for discomfort—free movement. Bioberica makes the world's premier chondroitin sulfate and is the only supplier whose <u>chondroitin sulfate</u> is clinically proven to be effective in restoring joint health.

### Vitamin C

• 120 mg Vitamin C, important in the formation of proteoglycans and collagen, major components of cartilage, and as an antioxidant that can neutralize destructive free radicals.

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#### Vitamin D

• 1000 IU Vitamin D enhances bone strength and is shown to be associated with joint structure preservation.

### Vitamin E

• 8 IU Vitamin E maintains and stabilizes cell membranes against free radicals and should be a dietary must for people with joint discomfort. Several studies have found that Vitamin E can be effective in reducing discomfort and improving mobility.

### Rebaudioside-A

• A pure extract from the plant stevia rebaudiana, is known worldwide by diabetics as a natural way to enjoy sweetness and to help reduce blood sugar levels. Because of rebaudioside A, <u>Supple Drinks</u> tastes great with only 30 calories!

# Supple<sup>®</sup> Liquid



Suppleme	nt Fa	cts	
Serving Size 1 Can (237mL)			
Amnent	er Serving	%.DV	
Calories	30		
Total Carbohydrate	6 g	2%1	
Sugars	3 g	+	
Vitamin C	120 mg	200%	
Vitamin D	1,000 fU	250%	
Vitamin E	8 IU	25%	
Niacin	20 mg	100%	
Vitamin B6	2 mg	100%	
Vitamin B12	6 mcg	100%	
Pantothenic Acid	10 mg	100%	
Calcium	80 mg	8%	
Magnesium	24 mg	6%	
Sodium	115 mg	5%	
Glucosamine HCL (snellish-tree)	1.5g (1,50		
Chondroitin Sulfate (bovi	ne) 1.2g(1,20	Omg) ‡	
† % DVs are based on a 2,000 calorie diet. ‡ Daily Value (DV) not established.			

Other Ingredients: Water, Pear Juice Concentrate, Natural Flavor, Calcium Lactate Glucomate, Citric Acid, Ascorbic Acid(Vit. C), Mango Puree, Peach Juice Concentrate, Magnesium Lactate, Rebaudioside A, dl-Alpha-Tocopheryl Acetate (Vit E), Pectin, Gum Arabic, Xanthan Gum, Niacinamide (Vit B3), Calcium Pantothenate (Vit B5), Beta-Carotene (Color), Ester Gum, Pyridoxine Hydrochloride (Vit B6), Cholecalciferol (Vit D), Cayanocobalamin (Vit B12)

# Supple® Powder



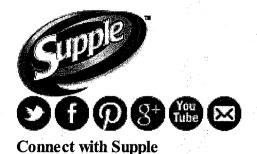
# Supplement Facts

Serving Size 1 Scoop (8g) Servings Per Container 30

SCHINGS I OF COMMO	HINE WAS		
Amount Pe	r Serving	%DV	
Calories	30		
Total Carbohydrate	<b>6</b> g	2%t	
Vitamin C	120 mg	200%	
Vitamin D	1000 IU	250%	
Vitamin E	8 IU	25%	
Niacin	20 mg	100%	
Vitamin B6	2 mg	100%	
Vitamin B12	6 mcg	100%	
Pantothenic Acid	10 mg	100%	
Calcium	80 mg	8%	
Magnesium	24 mg	6%	
Sodium	100 mg	4%	
<u></u>			
Glucosamine HCL	1.5g (1,50	0 mg) ‡	
Chondrollin Sulfate (bovine)	120(1,20	0 mg) ‡	
† % DVs are based on a 2,000 calorie diet. ‡ Daily Value (DV) not established.			

Other Glucosamine Ingredients: Hydrochloride, Chondroitin Sulfate Sodium, Maltodextrin, Citric Acid, Calcium Lactate Gluconate, Magnesium Gluconate, Natural Flavors, Rebaudioside A, Ascorbic Acid (Vit C), Gum Arabic, Beta-Carotene (Color), Tocopheryl Acetate (Vit E), Niacinamide (Vit B3), Calcium Pantothenate (Vit B5), Pyridoxine Hydr-Chloride (Vit B), Cholecalciferol (Vit D), Cyanocobalamin (Vit B12)

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